PT-Symmetric Phonon Laser

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By exploiting recent developments associated with coupled microcavities, we introduce the concept of the \mathcal{PT} -symmetric phonon laser with balanced gain and loss. This is accomplished by introducing gain to one of the microcavities such that it balances the passive loss of the other. In the vicinity of the gain-loss balance, a strong nonlinear relation emerges between the intracavity-photon intensity and the input power. This then leads to a giant enhancement of both optical pressure and mechanical gain, resulting in a highly efficient phonon-lasing action. These results provide a promising approach for manipulating optomechanical systems through \mathcal{PT} -symmetric concepts. Potential applications range from enhancing mechanical cooling to designing phonon-laser amplifiers.

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Recent advances in materials science and nanofabrication have led to spectacular achievements in cooling classical mechanical objects into the subtle quantum regime (e.g., Refs. [1–4]). These results are having a profound impact on a wide range of research topics, from probing basic rules of classical-to-quantum transitions [4–7] to creating novel devices operating in the quantum regime, e.g., ultraweak force sensors [8] or electric-to-optical wave transducers [9,10]. The emerging field of cavity optomechanics (COM) [1] is also experiencing rapid evolution that is driven by studies aimed at understanding the underlying physics and by the fabrication of novel structures and devices enabled by recent developments in nanotechnology.

The basic COM system includes a single resonator, where a highly efficient energy transfer between the mechanical mode and intracavity photons is enabled by detuning an input laser from the cavity resonance [1]. A new extension, closely related to the present study, is the photonic molecule or compound microresonators [11–13], where a tunable optical tunneling can be exploited to bypass the frequency detuning requirement [12]. More strikingly, in this architecture, an analogue of a two-level optical laser is provided by phonon-mediated transitions between two optical supermodes [13]. This phonon laser [13,14] provides the core technology to integrate coherent phonon sources, detectors, and waveguides —allowing the study of nonlinear phononics [15] and the operation of functional phononic devices [16].

In parallel to these works, intense interest has also emerged recently in \mathcal{PT} -symmetric optics [17–19]. A variety of optical structures, whose behaviors can be described by parity-time (\mathcal{PT})-symmetric Hamiltonians, have been fabricated [17]. These exotic structures provide unconventional and previously unattainable control of light [18–21]. In very recent work, by manipulating the gain (in one active or externally

pumped resonator) to loss (in the other, passive, one) ratio, Ref. [20] realized an optical compound structure with remarkable \mathcal{PT} -symmetric features, e.g., field localization in the active resonator and accompanied enhancement of optical nonlinearity leading to nonreciprocal light transmission. However, COM properties underlying the phonon-laser action in the \mathcal{PT} -symmetric regime, where gain and loss are balanced, remain largely unexplored.

Here, we study a \mathcal{PT} -symmetric COM system which is formed by two coupled microcavities, one of which has passive loss (passive resonator \mathbb{R}_{ν} : no optical gain) and the other has optical gain (active resonator \mathbb{R}_{r}) balancing the loss of \mathbb{R}_{γ} . In contrast to passive COM, with single or coupled passive resonators, \mathcal{PT} -symmetric COM features a transition from linear to nonlinear regimes for intracavity-photon intensity, by controlling the gain-loss ratio. In this nonlinear regime, a giant enhancement of both optical pressures and mechanical gain can be realized. Consequently, in the \mathcal{PT} symmetric regime, an ultralow-threshold phonon laser is achievable by approaching the gain-loss balance. We note that the phonon-lasing action, through energy exchange of two nondegenerate optical supermodes, exists only in the \mathcal{PT} symmetric regime. The enhanced nonlinearity is responsible for the ultralow threshold of the phonon laser and can also be useful for studying a wide variety of optomechanical processes, e.g., single-photon COM [22] or phononic mixing [16,23]. All relevant parameters and techniques are well within the reach of current experimental capabilities.

We consider two coupled whispering-gallery-mode microtoroid resonators. One of the microtoroids is fabricated from silica and has passive loss (passive resonator \mathbb{R}_{γ}), whereas the other microtoroid is fabricated from silica doped with Er^{3+} ions (active resonator \mathbb{R}_{κ}). Er^{3+} ions emit photons in the 1550 nm band when \mathbb{R}_{κ} is optically pumped



FIG. 1 (color online). Gain-enhanced optomechanics in compound whispering-gallery resonators. The optical tunneling rate *J* is tuned by changing the distance between \mathbb{R}_{κ} and \mathbb{R}_{γ} . The corresponding optical supermodes coupled by phonons are also plotted.

with a light in the 1460 nm band. This provides the optical gain κ to compensate for the optical losses and to amplify weak signal light in the 1550 nm band [20]. Evanescent coupling between the two resonators exists only in the 1550 nm band, assuring that the light in the 1460 nm band only resides in \mathbb{R}_{κ} [20]. The amplified light in the 1550 nm band then serves as the pump for a mechanical mode (frequency ω_m and effective mass *m*) contained in the passive resonator \mathbb{R}_{γ} [13]. In order to couple external light into and out of the whispering-gallery modes, each microtoroid is coupled to a different tapered-fiber waveguide (see Fig. 1).

By achieving population inversion in this system, the stimulated emission of phonons can occur, in close analogy to an optical laser. A phonon laser operating with threshold power ~7 μ W has been already demonstrated [13] with two passive resonators. Extending this system to involve gain and loss yields the Heisenberg equations of motion ($\hbar = 1$)

$$\dot{a}_1 = \kappa a_1 + iJa_2 + \sqrt{2\kappa}a^{\rm in},\tag{1}$$

$$\dot{a}_2 = -\gamma a_2 + iJa_1 + iga_2 x, \tag{2}$$

$$\ddot{x} + \Gamma_m \dot{x} + \omega_m^2 x = \frac{g}{m} a_2^{\dagger} a_2 + \frac{\varepsilon^{\rm in}}{m}, \qquad (3)$$

where $x = x_0(b + b^{\dagger})$ is the mechanical position operator with $x_0 = (2m\omega_m)^{-1/2}$ and the operator *b* denoting the phonon mode, $g = \omega_c/R$ is the COM coupling coefficient, *J* is the intercavity coupling rate, *R* is the microtoroid radius, and $\gamma = \omega_c/Q_c$ is the optical loss. The underlying resonances are assumed degenerate with frequency $\omega_c = c/\lambda$, while $a_{1,2}$ and *b* denote the lowering operators for the optical and mechanical modes, respectively. Γ_m is the mechanical damping rate, and the operator e^{in} describes the thermal Brownian noise resulting from the coupling of the resonators to the environment. The operator a^{in} is the optical noise operator describing the signal light incident on \mathbb{R}_{κ} ; its mean value $f_{in} = \langle a^{in}(t) \rangle$ is positive, and its fluctuations, denoted by $\delta a^{in}(t)$, are assumed to be delta correlated [19], adding vacuum noise to the resonator modes

$$\langle \delta a^{\mathrm{in},\dagger}(t) \delta a^{\mathrm{in}}(t') \rangle = \delta(t-t'), \qquad \langle \delta a^{\mathrm{in}}(t) \delta a^{\mathrm{in},\dagger}(t') \rangle = 0.$$

By setting the time derivatives in Eqs. (1)–(3) to 0, we find the steady state of the dynamical variables as

$$a_{1,s} = \frac{-\sqrt{2\kappa f_{\text{in}}}}{\kappa - J^2/(\gamma - igx_s)},$$

$$a_{2,s} = \frac{-iJ\sqrt{2\kappa}f_{\text{in}}}{\kappa\gamma - J^2 - i\kappa gx_s}, \qquad x_s = \frac{g|a_{2,s}|^2}{m\omega_m^2}.$$
 (4)

The expressions of $a_{2,s}$ and x_s can be combined to give

$$\frac{2\kappa J^2 P_{\rm in}/R}{(\kappa\gamma - J^2)^2 + (\kappa g x_s)^2} = m\omega_m^2 x_s,\tag{5}$$

which shows the balance of the radiation and spring forces. Here, we have used $P_{in} = \omega_c |f_{in}|^2$, with P_{in} denoting the power of the signal light incident on \mathbb{R}_{κ} . The cubic equation about x_s characterizes the occurrence of bistability at higher input power P_{in} , as in passive COM systems [24,25].

If the coupling rate, gain, and loss satisfy the condition $J^2 = \kappa \gamma$, there exists only one solution that is always positive:

$$a_{2,s} = \frac{\sqrt{2\gamma}f_{\rm in}}{gx_s}, \qquad x_s = \left(\frac{2P_{\rm in}R}{m\omega_m^2\omega_c Q_c}\right)^{1/3} \qquad (6)$$

for *any* value of the input power P_{in} . In contrast, even below the onset of bistability $(gx_s \ll \gamma)$, passive COM systems have very different results:

$$|a_{1,s}|_p = |a_{2,s}|_p = \frac{f_{\text{in}}}{\sqrt{2\gamma}}, \qquad x_{s,p} = \frac{P_{\text{in}}}{2\gamma m \omega_m^2 R}$$

where, for comparison, we take $J \sim \gamma$, and the subscript *p* denotes the COM system with coupled passive resonators. At the exact gain-loss balance, i.e., $\delta \equiv \kappa/\gamma = 1$, the ratio of steady-state populations in the passive resonator \mathbb{R}_{γ} for \mathcal{PT} -symmetric and passive COM systems is given by

$$\eta \equiv \frac{|a_{2,s}|^2}{|a_{2,s}|_p^2} = \frac{x_s}{x_{s,p}} = \left(\frac{4\gamma^2 m\omega_m^2 R^2}{\omega_c P_{\rm in}}\right)^{2/3}.$$
 (7)

As in relevant experiments [13,20], the parameter values are taken as $\lambda = 1550$ nm, $Q_c = 3 \times 10^7$, $R \sim 34.5 \,\mu$ m, $\omega_m = 2\pi \times 23.4$ MHZ, $m = 5 \times 10^{-11}$ kg, and $2Q_m \sim Q_c/10^5$, which leads to $g \sim 5.61$ GHz/nm, $\gamma \sim 6.45$ MHz, and $\Gamma_m = \omega_m/Q_m \sim 2.4 \times 10^5$ Hz. For these values, $\Gamma_m/\gamma \ll 1$, implying that the system is well within the phonon stimulated regime [13]. The condition $gx_s \ll \gamma$ is fulfilled for $P_{\rm in} \ll 137 \,\mu$ W.

A main feature of the present work is that, by approaching the gain-loss balance, both optical pressure and mechanical gain can be significantly amplified. For $\delta = 1$, an enhancement of 2 orders of magnitude in the intracavity field intensity can be achieved. Namely, $\eta \sim$ 106 or ~29.5 for $P_{\rm in} = 1$ or 7 μ W. The \mathcal{PT} -symmetric COM system performs better than the passive COM system with threshold power $P_{\rm th,p} = 7 \mu$ W, even at significantly lower input powers ($P_{\rm in} \ll 7 \mu$ W) [26]. When the gain-loss ratio deviates from the exact balance condition (e.g., $\delta > 3$) or when $P_{\rm in}$ exceeds a threshold 1.1 mW, our system, built from coupled passive and



FIG. 2 (color online). (a) Steady-state cavity-photon number N: for $P_{\rm in} < 30 \ \mu$ W, the passive system shows linear responses (dashed line); in contrast, nonlinear behavior emerges for the gain-loss balanced system ($\delta = 1$). (b) Optomechanical amplification factor η with tunable ratio $\delta \equiv \kappa / \gamma$.

active resonators, behaves in the same way as a system of coupled passive resonators.

Figure 2(a) shows the steady-state populations of intracavity photons in the passive resonator \mathbb{R}_{γ} . For weak input power ($P_{\text{in}} \leq 10 \ \mu\text{W}$), passive COM systems feature linear responses [1,25], in sharp contrast to the situation of balanced gain and loss, for which significant optical nonlinearity and the accompanied giant enhancement of COM interactions appear. This is strongly reminiscent of the situation encountered in nonreciprocal wave transmission in \mathcal{PT} -symmetric optical [20] or electric [27] structures. In this nonlinear regime, the transmission rate is vastly different when driving the coupled microresonators from the left or the right side [20,28]. Similar features as in Fig. 2 can be observed by changing the optical coupling rate J/γ at a fixed gain-loss ratio κ/γ (see the Supplemental Material [26]).

Figure 2(b) shows the associated optical amplification factor $\eta(\delta, P_{in})$, featuring resonance peaks for the gain-loss balance. This indicates that for ultraweak input light $(P_{in} \rightarrow 0)$, in contrast to the present structure, the intracavity-photon number approaches 0 very rapidly for passive COM systems. At a fixed value of P_{in} , the radiation pressure in \mathbb{R}_{γ} containing the mechanical mode can be significantly enhanced by tuning only the gain-loss ratio in the \mathcal{PT} -symmetric system. This is also reminiscent of resonantly enhanced light transmissions in \mathcal{PT} -symmetric optical structures [20]. The gain-enhanced nonlinearity is potentially useful in a wide range of phononic engineering systems, e.g., stiffer trapping and further cooling a mechanical object deep into its quantum ground state [1–4]. Instead of this, here, we study its impact on coherent phonon lasing. According to Grudinin *et al.* [13], compound resonators provide a phonon analogue of a two-level laser by replacing the photon-mediated electronic transitions with phonon-mediated optical transitions. The optical inversion then produces coherent mechanical gain at a breathing mode with frequency ω_m , leading to a phonon laser above the threshold power $P_{\text{th},p} \sim 7 \,\mu\text{W}$ [13].

The Hamiltonian of the multimode COM system was already given elsewhere [11]. In the rotating frame at the signal laser frequency ω_L , the interaction term can be mapped into a simple form, i.e.,

$$H_{\text{int}} = -J(a_1^{\dagger}a_2 + \text{H.c.}) - ga_2^{\dagger}a_2x \longrightarrow \frac{gx_0}{2}(pb^{\dagger} + bp^{\dagger}), \quad (8)$$

where the optical inversion operator $p = a_{\perp}^{\dagger}a_{\perp}$ is defined with the supermode operator $a_{\pm} = (a_1 \pm a_2)/\sqrt{2}$. Then, we have the equations of motion

$$\dot{b} = (-\Gamma_m - i\omega_m)b - i\frac{gx_0}{2}p, \qquad (9)$$

$$\dot{p} = (\kappa - \gamma - i\Delta\omega)p - i\frac{gx_0\Delta n}{2}b, \qquad (10)$$

where $\Delta n = n_+ - n_-$ and $\Delta \omega = \omega_+ - \omega_-$, with n_{\pm} or ω_{\pm} being the density or frequency of the supermodes. Here, unlike passive COM systems [11–13], the presence of active gain changes both the mode splitting and linewidth of the supermodes, i.e.,

$$\begin{split} \omega_{\pm} &= \omega_c \pm [J^2 - (\kappa + \gamma)^2 / 4]^{1/2} \Rightarrow \Delta \omega \neq 0, \\ \gamma_{\pm} &= (\kappa - \gamma) / 2; \end{split} \tag{11}$$

for a strong optical tunneling rate, i.e., $J \ge (\kappa + \gamma)/2$, a so-called unbroken- \mathcal{PT} -symmetry regime has been identified experimentally in a purely optical structure [20]. Only in this regime can the supermodes be distributed evenly across the resonators, hence enabling the compensation of loss with gain. In contrast, for the broken- \mathcal{PT} -symmetry regime with weaker intercavity coupling $J < (\kappa + \gamma)/2$, no supermode splitting exists at all [26]:

$$\begin{split} \omega_{\pm} &= \omega_c \Rightarrow \Delta \omega = 0, \\ \gamma_{\pm} &= (\kappa - \gamma)/2 \pm [(\kappa + \gamma)^2/4 - J^2]^{1/2}. \end{split} \tag{12}$$

This leads to the following important result: the phonon lasing exists only in the \mathcal{PT} -symmetric regime, where the optical supermodes are nondegenerate and thus can exchange energy through the phonon mode. In contrast, no exchange channel exists at all in the \mathcal{PT} -broken regime, where supermodes become spontaneously localized in either the amplifying or the lossy resonator [20]. The presence of optical gain enables one to drive the system between these two regimes on demand, as well as to controllably set the spectral distance between the supermodes using the interplay between the gain-loss ratio and the intracavity-coupling strength. This is very different from passive COM systems, where the supermode splitting always exists for J > 0, i.e., $\Delta \omega = 2J$ [13]. As a signature of the first-order coherence, the stimulated emission linewidth is much narrower in comparison with that below the lasing threshold [13].

Solving Eq. (10) in the frequency domain gives

$$p[\omega] = i(gx_0\Delta n/2)\mathcal{C}[\omega]b, \qquad (13)$$

with a cavity factor

$$\mathcal{C}[\omega] = [\kappa - \gamma + i(\omega - \Delta \omega)]^{-1}.$$
 (14)

Inserting this solution into Eq. (9) gives

$$\dot{b} = [G - \Gamma_m - i\omega_m - i(gx_0/2)^2(\omega - \Delta\omega)|\mathcal{C}|^2\Delta n]b, \quad (15)$$

where the mechanical gain G is given by

$$G = \frac{(gx_0/2)^2 n_+(\kappa - \gamma)}{(\omega_+ - \omega_- - \omega_m)^2 + (\kappa - \gamma)^2}$$
(16)

for the blue-supermode threshold density of n_+ at the line center.

The number of emitted phonons is determined by the threshold condition $G = \Gamma_m$ (see Fig. 3). This condition, together with $P_{\text{th}} = n_+(\gamma_- + \gamma_+)\omega_+$, yields

$$P_{\rm th} = 4\Gamma_m \omega_+ [(\omega_+ - \omega_- - \omega_m)^2 + (\kappa - \gamma)^2] / (gx_0)^2.$$
(17)

Clearly, $G \rightarrow \infty$ and $P_{\text{th}} \rightarrow 0$ under the following conditions:



FIG. 3 (color online). Plot of the stimulated emitted phonon number $n[\Gamma_m^{-1}] = \exp[2(G - \Gamma_m)/\Gamma_m] = \exp[2(\beta P_{in}/\omega_+ - 1)]$ in the $\mathcal{P}T$ -symmetric or the passive system, as a function of P_{in} . Here, $\beta \equiv (gx_0|\mathcal{C}|/2)^2$, and to compare with Ref. [13], we choose $2J = \omega_m$ (well within the $\mathcal{P}T$ -symmetric regime). The threshold power P_{th} denoted by the thick points is obtained for $G = \Gamma_m$. The threshold value of the passive COM system is ~7 μ W, agreeing well with the experiment [13], which can be significantly lowered for $\delta \rightarrow 1$.

(i)
$$\omega_m = 2[J^2 - (\kappa + \gamma)^2/4]^{1/2}$$
,
(ii) $\kappa = \gamma$ (gain-loss balance), (18)

indicating an ultralow-threshold phonon laser by tuning both κ/γ and J/γ (in the \mathcal{PT} -symmetric regime), which is otherwise unattainable for passive COM devices. The tunability of these parameters was already demonstrated in a very recent experiment [20]. With the parameter values given above, the threshold power of the passive COM system can be estimated as $P_{cT,p} \sim 7 \mu W$, agreeing well with the experiment [13]. In contrast, by compensating loss with gain $(\delta \rightarrow 1)$, the phonon-lasing threshold can be significantly lowered, also in agreement with the resonant enhancement shown in Fig. 2. We see that the two tunable parameters (the optical tunneling rate and the gain-loss ratio), when acting in concert, provide more flexibility in COM control.

Finally, note that the presence of optical gain provides an additional degree of freedom to control the dynamics of the COM system. Namely, tuning the gain-loss ratio can switch between stable and bistable operations (see the Supplemental Material [26]). A similar situation can also occur in electronic circuits [27].

In summary, we have studied a compound-resonator COM system in the presence of active gain in one resonator and passive loss in the other. At the gain-loss balance, an optical nonlinearity is observable for steady-state populations even for ultraweak input powers. This gain-induced nonlinearity leads to a giant enhancement of both optical pressure and mechanical gain, enabling then an ultralowthreshold phonon laser in the \mathcal{PT} -symmetric regime. As demonstrated by a recent experiment [13], increasing the optical tunneling rate can lead to a transition from broken to unbroken \mathcal{PT} -symmetric regimes, i.e., realizing not only the exchange of two subsystems but also changing gain to loss and vice versa. The linear-to-nonlinear transition, i.e., the giant enhancement of the intracavity field intensity and then the mechanical gain, can be realized when approaching the gain-loss balance. We stress that $\kappa/\gamma \to 1$ and $J \ge 1$ $(\kappa + \gamma)/2$ should be satisfied simultaneously to observe the unidirectional propagation of light in a purely optical experiment [20] and now to obtain an ultralow-threshold phonon laser in a COM system.

Our work opens up exciting new perspectives for COM control with unconventional \mathcal{PT} structures [17–19], e.g., asymmetric wave transport [27], gain-enhanced mechanical mixing [23], ultraslow light in \mathcal{PT} structures [12,29], and \mathcal{PT} -enhanced phononic squeezing or entanglement [6]. In future works, we also plan to study a cw phonon laser with a three-level system [14], a multimode phonon laser with a tunable gain-loss ratio, or a triple-resonator setup [23,30] with two active elements on both sides of a mechanical mode. In view of rapid advances in compound microstructures [11–13,20,21], particularly those on phonon lasers [13] and \mathcal{PT} -symmetric resonators [20], we believe that these studies will be highly accessible in experiments in the near future.

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