

# Supplementary Information for Frequency conversion in ultrastrong cavity QED

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## S1. ANALYTICAL CALCULATIONS OF CONVERSION RATES

In this Supplementary Information, we present the full adiabatic-elimination calculations for the effective couplings in the three processes considered in this article:  $|1, 0, g\rangle \leftrightarrow |0, 1, e\rangle$ ,  $|1, 0, g\rangle \leftrightarrow |0, 2, e\rangle$ , and  $|1, 0, e\rangle \leftrightarrow |0, 2, g\rangle$ . For each case, we compare the analytical results with numerical simulations to determine in what parameter regimes the analytical calculations constitute a good approximation.

### A. $|1, 0, g\rangle \leftrightarrow |0, 1, e\rangle$

Starting from the truncated Hamiltonian in Eq. (3), we move to a frame rotating with  $(\omega_a - \frac{\omega_q}{2})$ , i.e., subtracting  $(\omega_a - \frac{\omega_q}{2})$  from the diagonal of the Hamiltonian, giving

$$\hat{H} = \begin{pmatrix} -\omega_a & 0 & -g_a \sin \theta & g_b \cos \theta & 0 & 0 \\ 0 & -(\omega_a - \omega_q) & g_a \cos \theta & g_b \sin \theta & 0 & 0 \\ -g_a \sin \theta & g_a \cos \theta & 0 & 0 & -g_b \sin \theta & g_b \cos \theta \\ g_b \cos \theta & g_b \sin \theta & 0 & \omega_b + \omega_q - \omega_a & g_a \cos \theta & g_a \sin \theta \\ 0 & 0 & -g_b \sin \theta & g_a \cos \theta & \omega_b & 0 \\ 0 & 0 & g_b \cos \theta & g_a \sin \theta & 0 & \omega_b + \omega_q \end{pmatrix}. \quad (\text{S1})$$

Denoting the amplitudes of the six states by  $c_1$ - $c_6$ , respectively, the Schrödinger equation gives

$$i\dot{c}_1 = -\omega_a c_1 - g_a \sin \theta c_3 + g_b \cos \theta c_4, \quad (\text{S2})$$

$$i\dot{c}_2 = -(\omega_a - \omega_q) c_2 + g_a \cos \theta c_3 + g_b \sin \theta c_4, \quad (\text{S3})$$

$$i\dot{c}_3 = -g_a \sin \theta c_1 + g_a \cos \theta c_2 - g_b \sin \theta c_5 + g_b \cos \theta c_6, \quad (\text{S4})$$

$$i\dot{c}_4 = (\omega_b + \omega_q - \omega_a) c_4 + g_b \cos \theta c_1 + g_b \sin \theta c_2 + g_a \cos \theta c_5 + g_a \sin \theta c_6, \quad (\text{S5})$$

$$i\dot{c}_5 = \omega_b c_5 - g_b \sin \theta c_3 + g_a \cos \theta c_4, \quad (\text{S6})$$

$$i\dot{c}_6 = (\omega_b + \omega_q) c_6 + g_b \cos \theta c_3 + g_a \sin \theta c_4. \quad (\text{S7})$$

Assuming that  $\omega_a \approx \omega_b + \omega_q$ , and that  $g_a, g_b \ll \omega_a, \omega_b, |\omega_a - \omega_q|, \omega_b + \omega_q$ , we can adiabatically eliminate the four intermediate levels (their population will not change significantly), i.e., set  $\dot{c}_1 = \dot{c}_2 = \dot{c}_5 = \dot{c}_6 = 0$ . This gives

$$c_1 = -\frac{g_a \sin \theta}{\omega_a} c_3 + \frac{g_b \cos \theta}{\omega_a} c_4, \quad (\text{S8})$$

$$c_2 = \frac{g_a \cos \theta}{\omega_a - \omega_q} c_3 + \frac{g_b \sin \theta}{\omega_a - \omega_q} c_4, \quad (\text{S9})$$

$$c_5 = \frac{g_b \sin \theta}{\omega_b} c_3 - \frac{g_a \cos \theta}{\omega_b} c_4, \quad (\text{S10})$$

$$c_6 = -\frac{g_b \cos \theta}{\omega_b + \omega_q} c_3 - \frac{g_a \sin \theta}{\omega_b + \omega_q} c_4, \quad (\text{S11})$$

which we then insert into the equations for  $c_3$  and  $c_4$  to arrive at

$$i\dot{c}_3 = \left( \frac{g_a^2 \sin^2 \theta}{\omega_a} + \frac{g_a^2 \cos^2 \theta}{\omega_a - \omega_q} - \frac{g_b^2 \sin^2 \theta}{\omega_b} - \frac{g_b^2 \cos^2 \theta}{\omega_b + \omega_q} \right) c_3 + \frac{1}{2} g_a g_b \sin 2\theta \left( \frac{1}{\omega_a - \omega_q} + \frac{1}{\omega_b} - \frac{1}{\omega_a} - \frac{1}{\omega_b + \omega_q} \right) c_4, \quad (\text{S12})$$

$$i\dot{c}_4 = \frac{1}{2}g_a g_b \sin 2\theta \left( \frac{1}{\omega_a - \omega_q} + \frac{1}{\omega_b} - \frac{1}{\omega_a} - \frac{1}{\omega_b + \omega_q} \right) c_3 + \left( \omega_b + \omega_q - \omega_a + \frac{g_b^2 \cos^2 \theta}{\omega_a} + \frac{g_b^2 \sin^2 \theta}{\omega_a - \omega_q} - \frac{g_a^2 \cos^2 \theta}{\omega_b} - \frac{g_a \sin \theta}{\omega_b + \omega_q} \right) c_4. \quad (\text{S13})$$

While the energy level shifts in these equations are not final (they can be affected by processes involving more energy levels), the effective coupling rate between  $|1, 0, g\rangle$  and  $|0, 1, e\rangle$  is shown to be

$$g_{\text{eff}} = \frac{1}{2}g_a g_b \sin 2\theta \left( \frac{1}{\omega_a - \omega_q} + \frac{1}{\omega_b} - \frac{1}{\omega_a} - \frac{1}{\omega_b + \omega_q} \right). \quad (\text{S14})$$

Assuming that we are exactly on resonance, the qubit frequency can be eliminated from this expression using  $\omega_q = \omega_a - \omega_b$ , leading to

$$g_{\text{eff}} = g_a g_b \sin 2\theta \left( \frac{1}{\omega_b} - \frac{1}{\omega_a} \right) = \frac{g_a g_b (\omega_a - \omega_b) \sin 2\theta}{\omega_a \omega_b}, \quad (\text{S15})$$

the first part of which is given in Eq. (5). We note that the result agrees with the perturbation-theory calculations performed in Ref. [1]. In general, the adiabatic elimination is more exact, but for a second-order process the result for the effective coupling is the same with both methods.

### B. $|1, 0, g\rangle \leftrightarrow |0, 2, e\rangle$

Starting from the truncated Hamiltonian in Eq. (7), we move to a frame rotating with  $(\omega_a - \frac{\omega_q}{2})$ , i.e., subtracting  $(\omega_a - \frac{\omega_q}{2})$  from the diagonal of the Hamiltonian, giving

$$\hat{H}_R = \begin{pmatrix} \omega_q - \omega_a & g_b & g_a & 0 & 0 & 0 \\ g_b & \omega_b - \omega_a & 0 & \sqrt{2}g_b & g_a & 0 \\ g_a & 0 & 0 & 0 & g_b & 0 \\ 0 & \sqrt{2}g_b & 0 & 2\omega_b - \omega_a + \omega_q & 0 & g_a \\ 0 & g_a & g_b & 0 & \omega_b + \omega_q & \sqrt{2}g_b \\ 0 & 0 & 0 & g_a & \sqrt{2}g_b & 2\omega_b \end{pmatrix}. \quad (\text{S16})$$

Denoting the amplitudes of the six states by  $c_1$ - $c_6$ , the Schrödinger equation gives

$$i\dot{c}_1 = (\omega_q - \omega_a)c_1 + g_b c_2 + g_a c_3, \quad (\text{S17})$$

$$i\dot{c}_2 = (\omega_b - \omega_a)c_2 + g_b c_1 + \sqrt{2}g_b c_4 + g_a c_5, \quad (\text{S18})$$

$$i\dot{c}_3 = g_a c_1 + g_b c_5, \quad (\text{S19})$$

$$i\dot{c}_4 = (2\omega_b - \omega_a + \omega_q)c_4 + \sqrt{2}g_b c_2 + g_a c_6, \quad (\text{S20})$$

$$i\dot{c}_5 = (\omega_b + \omega_q)c_5 + g_a c_2 + g_b c_3 + \sqrt{2}g_b c_6, \quad (\text{S21})$$

$$i\dot{c}_6 = 2\omega_b c_6 + g_a c_4 + \sqrt{2}g_b c_5. \quad (\text{S22})$$

Assuming that  $\omega_a \approx 2\omega_b + \omega_q$ , and that  $g_a, g_b \ll \omega_b + \omega_q, |\omega_b - \omega_q|, |\omega_a - \omega_q|$ , we can adiabatically eliminate the four intermediate levels, i.e., set  $\dot{c}_1 = \dot{c}_2 = \dot{c}_5 = \dot{c}_6 = 0$ . This gives

$$i\dot{c}_3 = \frac{g_a^4 \omega_b + g_a^2 [\omega_b (\omega_a - \omega_b)^2 - g_b^2 (\omega_a + \omega_b)] + g_b^2 \omega_b [g_b^2 + 2\omega_b (\omega_b - \omega_a)]}{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)} c_3 + \frac{g_a g_b^2 [g_a^2 - 3g_b^2 + 4\omega_b (\omega_a - 2\omega_b)]}{\sqrt{2} \{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)\}} c_4, \quad (\text{S23})$$

where we simplified the expressions somewhat by setting  $\omega_q = \omega_a - 2\omega_b$ . While the energy level shift in this equation is not final (they can be affected by processes involving more energy levels), the effective coupling rate between  $|1, 0, g\rangle$  and  $|0, 2, e\rangle$  is shown to be

$$g_{\text{eff}} = \frac{g_a g_b^2 [g_a^2 - 3g_b^2 + 4\omega_b (\omega_a - 2\omega_b)]}{\sqrt{2} \{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)\}}. \quad (\text{S24})$$

Setting  $g_a = g_b \equiv g$ , this reduces to

$$g_{\text{eff}} = \frac{\sqrt{2}g^3 [2\omega_b(\omega_a - 2\omega_b) - g^2]}{2\omega_b^2(\omega_a - \omega_b)^2 + g^2\omega_b(5\omega_b - 3\omega_a) + g^4}, \quad (\text{S25})$$

which is Eq. (8). We can simplify the expression for the coupling further by only keeping terms to leading order in  $g/\omega$ ; the result is

$$g_{\text{eff}} = \frac{\sqrt{2}g^3 (\omega_a - 2\omega_b)}{\omega_b (\omega_a - \omega_b)^2}, \quad (\text{S26})$$

which is Eq. (9). This agrees with the perturbation-theory calculation in Ref. [1], which only captures the leading-order term.

### C. $|1, 0, e\rangle \leftrightarrow |0, 2, g\rangle$

For the process  $|1, 0, e\rangle \leftrightarrow |0, 2, g\rangle$ , we perform adiabatic elimination starting from both the quantum Rabi Hamiltonian and the JC Hamiltonian.

#### 1. Quantum Rabi Hamiltonian

Starting from the truncated Hamiltonian in Eq. (10), we move to a frame rotating with  $(\omega_a + \frac{\omega_q}{2})$ , i.e., subtracting  $(\omega_a + \frac{\omega_q}{2})$  from the diagonal of the Hamiltonian, giving

$$\hat{H}_R = \begin{pmatrix} -\omega_a - \omega_q & g_b & g_a & 0 & 0 & 0 \\ g_b & \omega_b - \omega_a & 0 & \sqrt{2}g_b & g_a & 0 \\ g_a & 0 & 0 & 0 & g_b & 0 \\ 0 & \sqrt{2}g_b & 0 & 2\omega_b - \omega_a - \omega_q & 0 & g_a \\ 0 & g_a & g_b & 0 & \omega_b - \omega_q & \sqrt{2}g_b \\ 0 & 0 & 0 & g_a & \sqrt{2}g_b & 2\omega_b \end{pmatrix}. \quad (\text{S27})$$

Denoting the amplitudes of the six states by  $c_1$ - $c_6$ , the Schrödinger equation gives

$$i\dot{c}_1 = -(\omega_a + \omega_q)c_1 + g_b c_2 + g_a c_3, \quad (\text{S28})$$

$$i\dot{c}_2 = (\omega_b - \omega_a)c_2 + g_b c_1 + \sqrt{2}g_b c_4 + g_a c_5, \quad (\text{S29})$$

$$i\dot{c}_3 = g_a c_1 + g_b c_5, \quad (\text{S30})$$

$$i\dot{c}_4 = (2\omega_b - \omega_a - \omega_q)c_4 + \sqrt{2}g_b c_2 + g_a c_6, \quad (\text{S31})$$

$$i\dot{c}_5 = (\omega_b - \omega_q)c_5 + g_a c_2 + g_b c_3 + \sqrt{2}g_b c_6, \quad (\text{S32})$$

$$i\dot{c}_6 = 2\omega_b c_6 + g_a c_4 + \sqrt{2}g_b c_5. \quad (\text{S33})$$

Assuming that  $\omega_a + \omega_q \approx 2\omega_b$ , and that  $g_a, g_b \ll |\omega_b - \omega_q|, \omega_b + \omega_q, \omega_a + \omega_q, |\omega_a - \omega_q|$ , we can adiabatically eliminate the four intermediate levels, i.e., set  $\dot{c}_1 = \dot{c}_2 = \dot{c}_5 = \dot{c}_6 = 0$ . This gives

$$i\dot{c}_3 = \frac{g_a^4 \omega_b + g_a^2 [\omega_b(\omega_a - \omega_b)^2 - g_b^2(\omega_a + \omega_b)] + g_b^2 \omega_b [g_b^2 + 2\omega_b(\omega_b - \omega_a)]}{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)} c_3 + \frac{g_a g_b^2 [g_a^2 - 3g_b^2 + 4\omega_b(\omega_a - 2\omega_b)]}{\sqrt{2} \{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)\}} c_4, \quad (\text{S34})$$

where we simplified the expressions somewhat by setting  $\omega_q = 2\omega_b - \omega_a$ . While the energy level shift in this equation is not final (it can be affected by processes involving more energy levels), the effective coupling rate between  $|1, 0, e\rangle$  and  $|0, 2, g\rangle$  is shown to be

$$g_{\text{eff}} = \frac{g_a g_b^2 [g_a^2 - 3g_b^2 + 4\omega_b(\omega_a - 2\omega_b)]}{\sqrt{2} \{2\omega_b^2 [g_a^2 + (\omega_a - \omega_b)^2] + g_b^4 + 3g_b^2 \omega_b (\omega_b - \omega_a)\}}. \quad (\text{S35})$$

Setting  $g_a = g_b \equiv g$ , this reduces to

$$g_{\text{eff}} = \frac{\sqrt{2}g^3 [2\omega_b(\omega_a - 2\omega_b) - g^2]}{2\omega_b^2(\omega_a - \omega_b)^2 + g^2\omega_b(5\omega_b - 3\omega_a) + g^4}, \quad (\text{S36})$$

which is Eq. (11). As noted in the main text, this is equal to the coupling for the case  $|1, 0, g\rangle \leftrightarrow |0, 2, e\rangle$ , but other values of  $\omega_a$  and  $\omega_b$  are permitted in this case. In particular, the coupling can be increased by letting  $\omega_a \rightarrow \omega_b$ , but the approximations we have used here break down when  $|\omega_a - \omega_b|$  becomes comparable to  $g$ . Again, the result agrees with the perturbation-theory calculation in Ref. [1], which only captures the leading-order term.

## 2. Jaynes–Cummings Hamiltonian

Starting from the truncated Hamiltonian in Eq. (13), we move to a frame rotating with  $(\omega_a + \frac{\omega_q}{2})$ , i.e., subtracting  $(\omega_a + \frac{\omega_q}{2})$  from the diagonal of the Hamiltonian, giving

$$\hat{H}_{\text{JC}} = \begin{pmatrix} \omega_b - \omega_a & 0 & \sqrt{2}g_b & g_a \\ 0 & 0 & 0 & g_b \\ \sqrt{2}g_b & 0 & 2\omega_b - \omega_a - \omega_q & 0 \\ g_a & g_b & 0 & \omega_b - \omega_q \end{pmatrix}. \quad (\text{S37})$$

Denoting the amplitudes of the four states by  $c_1$ – $c_4$ , the Schrödinger equation gives

$$i\dot{c}_1 = (\omega_b - \omega_a)c_1 + \sqrt{2}g_b c_3 + g_a c_4, \quad (\text{S38})$$

$$i\dot{c}_2 = g_b c_4, \quad (\text{S39})$$

$$i\dot{c}_3 = (2\omega_b - \omega_a - \omega_q)c_3 + \sqrt{2}g_b c_1, \quad (\text{S40})$$

$$i\dot{c}_4 = (\omega_b - \omega_q)c_4 + g_a c_1 + g_b c_2. \quad (\text{S41})$$

Assuming that  $\omega_a + \omega_q \approx 2\omega_b$ , and that  $g_a, g_b \ll \omega_a, \omega_b, \omega_q$ , we can adiabatically eliminate the two intermediate levels, i.e., set  $\dot{c}_1 = \dot{c}_4 = 0$ . This gives

$$i\dot{c}_2 = -\frac{g_b^2(\omega_a - \omega_b)}{g_a^2 + (\omega_a - \omega_b)^2}c_2 - \frac{\sqrt{2}g_a g_b^2}{g_a^2 + (\omega_a - \omega_b)^2}c_3, \quad (\text{S42})$$

where we set  $\omega_q = 2\omega_b - \omega_a$ . While the energy level shift in this equation is not final (it can be affected by processes involving more energy levels), the effective coupling rate between  $|1, 0, e\rangle$  and  $|0, 2, g\rangle$  is shown to be

$$g_{\text{eff}} = -\frac{\sqrt{2}g_a g_b^2}{g_a^2 + (\omega_a - \omega_b)^2}, \quad (\text{S43})$$

which is Eq. (14). Setting  $g_a = g_b \equiv g$ , this reduces to

$$g_{\text{eff}} = -\frac{\sqrt{2}g^3}{g^2 + (\omega_a - \omega_b)^2}, \quad (\text{S44})$$

which to leading order in  $g/\omega$  becomes

$$g_{\text{eff}} = -\frac{\sqrt{2}g^3}{(\omega_a - \omega_b)^2}, \quad (\text{S45})$$

agreeing with the perturbation-theory calculation of Ref. [1].

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[1] A. F. Kockum, A. Miranowicz, V. Macrì, S. Savasta, and F. Nori, “Deterministic quantum nonlinear optics with single atoms and virtual photons,” [arXiv:1701.05038](https://arxiv.org/abs/1701.05038) (2017), [arXiv:1701.05038](https://arxiv.org/abs/1701.05038).